

## **Infants**

## Approximately 6 Weeks to 12 Months

These little ones are so precious. For many first-time parents, the thought of taking your newborn baby to school is overwhelming. Rest assured that The Tot Spot's loving and experienced teachers will help you and your baby through the process. Throughout your baby's adventure at The Tot Spot, we will be there every step of the way to answer questions, communicate with you about your baby's progress, and provide the most loving, nurturing environment you can imagine.

## The Infant Room

We know that babies' basic needs must be met first. Each infant is lovingly cared for while they are kept clean, fed, and happy. In addition to these basic needs, The Tot Spot is committed to presenting these littlest ones with opportunities to learn through exploration while developing new skills in the process.

We place a great deal of importance on the cleanliness and safety of our Infant Program. Older children, including siblings, are not allowed in the Infant Room. Parents or caregivers entering any of the sections must put on shoe covers to keep our babies' play space as clean and sanitary as possible. Each toy is sanitized when a child is through playing with it.

We do everything we can to make it easy for parents to bring their youngest ones to school.

Each baby has his or her own cubby basket in which to keep extra clothes, pacifiers, or other personal items. Parents receive updates on their infants through -out the day on the Bright Wheel App. This includes a place for parents to give our teachers information about their baby (i.e. were any medications given, when was her last bottle, etc.) and an area for teachers to complete during the day that includes activities their baby loved, meals, naps, and diapers. The Infant to Teacher ratio in our Infant Program is 3:1.

## Activities

Sensory activities include:

- Painting with colored ice cubes
- Alternatively putting hands in bowls with warm water and cool water
- Touching swatches of material with different textures (i.e. fuzzy, sandpaper, smooth)



Cognitive activities include:

- Learning body parts
- Pointing to objects and naming them
- Making animal sounds

Language activities include:

- Repeating the child's name until they recognize it
- Introducing infant sign language vocabulary for "eat," "milk," "more," "please," and many more
- Cooing and babbling back and forth with baby

Fine motor activities include:

- Switching objects from hand to hand
- Picking up cheerios
- Turning the pages of a book

Gross motor activities include:

- An educator moving a baby's legs in a bicycle motion
- Tummy time every day
- Reaching for and grabbing bubbles

Social/emotional activities include:

- Participating in a mini-circle time with a song and finger puppets
- Buggy rides, where the babies travel through the school and respond to their teacher's voice describing what she is seeing
- Looking in mirrors

We look forward to nurting your baby and helping your little one develops into a young toddler.

