



## **Preschool 1**

### *Approximately 3 Years of Age*

Preschool I students are passionate in all they do! They are eager to learn academically and so excited to begin writing their names. Their speech is intelligible. They are quick to reiterate a phrase from their teacher or imitate a situation they witnessed. In a conversation with a Preschool I student, you will never be quite sure what is going to come out of their mouths! Their imaginations are wild... and fun!

### *Activities*

Cognitive activities include:

- Reviewing the weather, days of the week, months of the year, and birthdays in Circle Time
- Recognizing letters and their corresponding sounds
- Comparing and contrasting items

Language activities include:

- Sequencing activities like “First, you plant a seed. Then, you water it. Then it grows.”
- Enjoying different genres of literature – poetry, fiction, non-fiction
- Speaking in front of their friends during “Show and Share”

Fine motor activities include:

- Learning to hold a pencil or crayon correctly
- Connecting circles and lines together to make squares and letters
- Placing pegs in a pegboard

Gross motor activities include:

- Skipping and galloping – how fun!
- Completing obstacle courses
- Throwing and catching balls

Social/emotional activities include:



- Dressing-up for pretend play
- Playing cooperative games like “Duck-Duck-Goose”
- Creating and following rules during play

Art activities include:

- Using different media such as clay, paint, and charcoal
- Making masks
- Studying art history and then creating artwork in a similar style

Music activities include:

- Playing the drum and xylophone
- Learning the difference between long and short notes
- Singing and moving to the music

Spanish activities include:

- Having Circle Time and talking about the day’s weather in Spanish
- Creating crafts and singing songs
- Learning new vocabulary words each day

*Which of these activities do you think your preschooler will enjoy the most?*